

# Stories of Childhood 2020

## Session 1 Activity

While listening to Vivianne speak, colour in these flowers.

You might like to write words of strength and hope on each petal.

Cut the flowers out, cutting all the way into the centre circle and then gently fold the petals inwards, overlapping each other.

When you are ready for a moment of joy, place the folded petals into a bowl of warm water and watch for a lovely surprise.

