

# Miriam's activities

Miriam Schmidt - BECT member suggests activity ideas for you to use at your playgroup

## THEME- Color Song: "Red and yellow and pink and green, purple and orange and blue. I can sing a rainbow..." A few colourful ideas to try.

Activity 1 - View the World through Rose coloured Glasses... or any other colour...

- Either cut out the shape using light card, or buy ready cut 'mask' glasses from your craft supplier, party shop or supermarket.
- Stick coloured cellophane over the eyeholes on the back of the glasses or mask.
- Using various craft materials, such as feathers, glitter, coloured paper, streamers, tinsel, decorate the front.
- Either use elastic to fasten them to the head, or tape a fairy floss stick or similar to one side so the masks can be held up in front of the eyes.



Activity 2 - Shake the Colour  
You will need BBQ shakers.

- Fill the shakers with your choice of sugar, talcum powder or cornflour that has been mixed well with a small amount of powdered food dye.
- Spread clear paste/glue onto a sheet of paper. You may like to have an outline, but it is not necessary.
- Sprinkle with the shakers and watch the colour appear when it falls on the pasted design. It's like magic! Shake off excess mixture.

NOTE: This activity needs careful supervision. Be careful not to contaminate the paste with the sprinkle.



Activity 3  
Drip the Colour

You will need:

- \* smocks for the children;
- \* plastic droppers from you chemist or craft provider, one dropper for each container of paint;



- \* absorbent paper; paper towel is great.
- \* containers of red, yellow and blue liquid food dye. (Pop-top juice containers are good with their lids removed. Non spill paint pots are also very good. Mix powder food dye with water, or dilute liquid food dye.)

- Squeeze drops of liquid onto the paper
- Watch the new colours that are made as the liquid spreads and mixes with the other colours.

NOTE: The food dye may stain table tops temporarily, but it eventually comes off. The same applies to your hands. Minimize the problem by laying down newspaper or similar on the tabletop and use multiple thicknesses of paper towel. The activity is well worth the effort. The children love it.

Activity 4

Christmas Window

- Take a piece of clear contact, A4 size is good.
- Cut strips of black paper 2 - 3 cm wide.
- Place one strip along each edge as the frame.
- Cut or tear small pieces of cellophane or tissue paper and stick to the contact till it is completely covered.

It does



not need to be particularly neat as this is the wrong side/back of the window.

- If using them for Christmas, use Christmas colours. Otherwise, use red, blue and yellow and overlap them to create orange, purple and green as well. The magic of the overlapping can be seen when you hold it up to the light.